

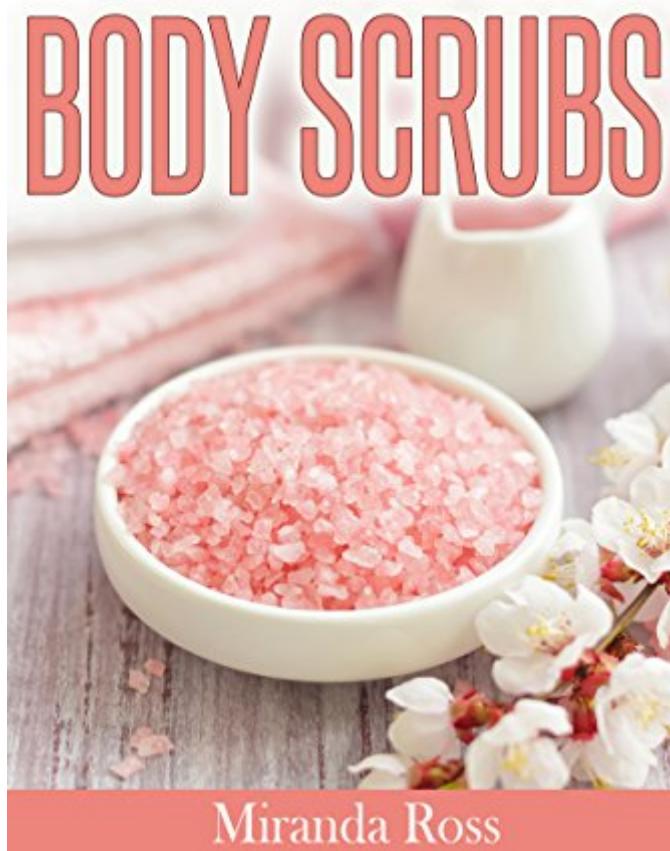
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# **Body Scrubs: 30 Organic Homemade Body And Face Scrubs, The Best All-Natural Recipes For Soft, Radiant And Youthful Skin (Organic Body Care Recipes, Homemade Beauty Products, Bath Teas Book 1)**

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30 Organic Homemade Body  
And Face Scrubs, The Best All-Natural Recipes  
For Soft, Radiant And Youthful Skin

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## **Synopsis**

Learn How To Prepare Your Own Scrub, 100% Safe For Your Skin!NEW EXPANDED EDITION, December 2016Homemade scrubs are best source of cleansing your skin from all the dirt and the dead cells just in a single go. Homemade scrubs are made completely out of natural ingredients so they don't have any side effects. They are not only efficient in removing dead cells, but also makes your skin glow as natural ingredients of homemade scrubs have various oils and vitamins that are a must for a beautiful skin.This book was able to increase your knowledge about why human skin needs to be scrubbed, how often and how. Moreover, this book contains 30 effective homemade scrubs recipes so that you don't have to apply commercially produced scrubs. Make your own scrubs using natural ingredients and keep your skin away from chemicals of commercially produced scrubs. Stay young by using homemade body and facial scrubs!Here Is A Preview Of What You'll Learn About:How to prepare your own scrubs The ABCs of scrubs Why scrub is necessary to have radiant skin? Why your skin needs scrubs? Exfoliation cures skin diseases Benefits of homemade scrubs Significance of exfoliation Clogged poresHyperpigmentation Physical exfoliants Chemical exfoliants Beneficial exfoliating treatments Test for exfoliation requirement Sugar Scrub For Hand And Feet Blueberry and Green Tea Face Scrub Apricot ScrubVanilla And Sugar Body ScrubWatermelon And Mint ScrubOrange Peel ScrubAnd Much More!Download your copy today!Take action today and download this book with big discount for \$2.99 \$9.99. Limited time offer! Don't wait for next year's resolutions, read this short e-book and get radiant and more beautiful skin now!Scroll to the top of the page and select the "add to cart" button.

## **Book Information**

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## **Customer Reviews**

I've always had difficulties with exfoliating my skin and I prefer natural soaps and other products, so this book was right up my alley. I'm glad I downloaded it because now I can make my own all-natural organic body scrubs at home. The recipes are super easy. I mean I already have the ingredients for some of these in my kitchen right now. I highly recommend this book.

Love these cool & organic recipes! It is great that some of them are body scrubs and the other recipes are dedicated for use on the face. Recipes contain good amount of ingredients, instructions are easy to follow and well explained. I am very satisfied.

This book is really helpful! There will come to a point on a girl's life that something will grow on your skin LOL! You just can't avoid it! It's actually really useful for me personally because it's actually costing me a lot to buy skin care products. This book totally placed me back to my budget because I don't have to spend a lot anymore! These homemade recipes rocks!!! Totally recommend this!

This is a great little book for making home made body scrubs and information on having good skin! it explains the need for scrubs to have radiant skin, why exfoliation helps skin diseases and the benefits of home made scrubs. There is also a great set of home made body scrubs recipes to try making at home. Easy reading and a great reference book!

You won't have to go to Bath and Body Works at the mall ever again. Great recipes for any fan of body scrubs. Also a lot of great DIY gift ideas as you can make these for anyone in your family or friends, while saving a lot of \$\$ in the process. For these reasons, this is a good one to check out!

I tried several of the recipes and they all worked with a bit of tweaks here and there. I have definitely

noticed the difference in my skins complexion thanks to the scrubs and can recommend it to anyone looking to use something different from a factory made cleanser.

Step-by-step recipes, precisely defined amounts of ingredients. Easy and simple-the way i like it.

Great book

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